

SRI SAIRAM AYURVEDA MEDICAL COLLEGE & RESEARCH CENTRE

Departmental Activities 2026

S.no	Name	January	February	March	April	June	July	August	September	October	November	December
1	Shalya Tantra	22.01.2026 Seminar on Cholecystitis 2021-2022 Batch	26.02.2026 Quiz Programme on Ano-rectal Diseases 2021-2022 Batch	28.03.2026 Case Presentation on Intestinal Obstruction 2021-2022 Batch	23.04.2026 Importance of Shalya Tantra – Discussion 2022-2023 Batch Karma- 2021-2022 Batch	27.05.2026 Case Presentation on Renal Calculus 2021-2022 Batch	23.07.2026 Debate on Agnikarma & Ksharakarma 2022-2023 Batch	25.08.2026 Workshop on Agnikarma 2022-2023 Batch CME on Applied Surgical Methods	24.09.2026 Ksharakarma Presentation 2022-2023 Batch	26.10.2026 Workshop on Jalauka Avacharana 2022-2023 Batch	27.11.2026 Seminar on Anaesthesia 2022-2023 Batch CME ON Laparoscopic Methods in Abdominal Surgery	28.12.2026 Seminar on Aseptic Procedures 2022-2023 Batch
2	Kaumarabhrutyam	27.01.2026 Case Presentation on Nutritional disorders	26.02.2026 Discussion on Clinical Case taking history taking examination	26.03.2026 Case Presentation on congenital disorders	26.04.2026 Techniques and Instruments used in paediatrics	26.06.2026 Kriya karma in Balarogas	26.07.2026 Discussion on single drug used in paediatric practices	26.08.2026 Demonstration on Neonatal Resuscitation	26.09.2026 Care of Newborn	26.10.2026 Assessment of Growth & development	26.11.2026 Poster & Model Making	26.12.2026 CME on Behavioural disorder
3	Agada Tantra	22.01.2026 Mock Court - Legal procedure recording of evidence & duties of a physician in the court of Law	06.02.2026 Diagram making of Court Hierarchy of India	11.03.2026 Demonstrate the Method of sex determination based on pelvis	25.04.2026 Poster presentation- World Malaria day	05.06.2026 Awareness Programme on Environmental Toxicology- World Environmental Day	28.07.2026 Class Presentation by students- endocrine disruptors	19.08.2026 Demonstration on issuing of fitness certificate, Sickness certificate birth & Death certificate	15.09.2026 Poster / flowchart : Steps in toxic vigilance from detection to public health response	09.10.2026 Identification of Sthavara Visha (Plant origin)	04.11.2026 Demonstration of Identification of Vrishika, Loota, Kita	10.12.2026 Poster Presentation : Public Health education about addiction
4	Roganidana	29.01.2026- ECG learning (2023-24 Batch)	26.02.2026- Community Service (2023-24 Batch)	26.03.2026- Seminar (2023-24 Batch)	1. 30.04.2026- Case Presentation (2023-24 Batch)	25.06.2026 - Bed side Clinical examination (2023-24 Batch)	30.07.2026- BMI calculating (2023-24 Batch)	27.08.2026- Bio medical waste management & Technology (2023-24 Batch)				

					28.04.2026 General Discussion(20 24-25 Batch)	30.06.2026- Nadi Pariksha (Practical application)(20 24-25 Batch)	28.07.2026- Ward Ethics(2024-25 Batch)	25.08.2026- Museum Visit (Pathology)(20 24-25 Batch)	29.09.2026- Vital Examination (2024-25 Batch)	27.10.2026- History Taking(2024- 25 Batch)	24.11.2026- Open Book Test(2024-25 Batch)	29.12.2026- Survey Study(2024- 25 Batch)
5	Pancha karma	21.01.2026- Discussion on clinical Application on vama- chart making- 2021 Batch	18.02.2026- Discussion On Types&Classificati on Of Virechana- Chart Making.Selection On MEDICINE- 2021 & 2022 Batch	12.03.2026- Differerent physiothera py Methods- clinical application- 2021 & 2022 Batch	10.04.2026- CME Programme- 2021 & 2022 Batch	19.06.2026- Clinical Applications Of Basti Formulations- 2022 Batch	17.07.2026- Clinical Application On Swedana- 2022 Batch	14.08.2026- CME Programme- 2022 Batch	09.09.2026- Clinical Presentation On Vamana Karma- 2022 Batch	13.10.2026- Clinical Presentation On Virechana- 2022 Batch	23.11.2026- Clinical Presentation On Nasya- 2022 Batch	08.12.2026- Clinical Presentation On Basti- 2022 Batch
6	Prasuti Tantra evam Stree Roga	08.01.2026 Seminar (student)	12.02.2026 Quiz	12.03.2026 Awarnass class	09.04.2026 Group Discussion	15.06.2026 Case based Learning	09.07.2026 Drug Analysis Medication Yoga Presentation	13.08.2026 Model Making	10.09.2026 Debate	08.10.2026 Essay Writing	12.11.2026 Departmental Seminar	10.12.2026 Poster Making
7	Rachan a Sharira	20.01.2026 Group discussion Shloka Recitation	26.02.2026 Seminar Group Discussion	17.03.2026 PBL Seminar	21.04.2026 CBL Self directed Learning	16.06.2026 Summary writing	21.07.26 Workshop	18.08.2026 Paper presentation	17.09.2026 Poster Presentation	22.10.2026 CBL Case based Learning	15.11.2026 Integrated Teaching	12.12.2026 PBL (Problem Base learning)

8	Rasa Shatra evam Bhaishajya Kalpana	30.01.2026- Yantra Expo (2023-24 Batch)	25.02.2026- Discussion on Chaturvida Rasa (2023-24 Batch) (2023-24 Batch)	25.03.2026- Debate on Prashastha Bhaishajya Lakshnana (2023-24 Batch)	29.04.2026- Debate on OTC Products in Bhaishajya Kalpana (2023-24 Batch)	1) 20.05.2026- Discussion on Industrial Visit (2023-24 Batch) 2) 28.05.2026- Siscussion on Importance of Rasa Shastra (2024-25 Batch)	1) 24.07.2026- Quiz on Cosmetology (2023-24 Batch) 2) 29.07.2026- Identification of Raw Drugs (2024-25 Batch)	1) 26.08.2026- Presentation on Ayshadi Prayoga Marga (2023-24 Batch) 2) 27.08.2026 Quiz ON Paribasha (2024-25 Batch)	1) 23.09.2026- Discussion on Pharmacovigilance of Ayurvedic Drugs (2023-24 Batch) 2) 24.09.2026 - Debate on Yantra and Modern Machieries	29.10.2026- Seminar on Importance of Pharmacodynamics and Pharmacokinetics (2024-25 Batch)	26.11.2026- Discussion on Different Dosage forms (2024-25 Batch)	24.12.2026- Games on Kalpana Nirmana (2024-25 Batch)
9	Kayachikitsa	21.01.2026- Clinical presentation - Guillian Barre Syndrome- (2021-22 Batch)	25.02.2026- Clinical presentation- Selection criteria of Panchavidha Kashaya Kalpana in Chikitsa (2021-22 Batch)	25.03.2026- Clinical presentation- Jalodara (2021-22 Batch)	23.04.2026- Clinical presentation- Importance of Shat Kriya Kala in Chikitsa (2022-23 Batch)	24.06.2026- CME program - Neuron- Muscular Disorders (2022-23 Batch)	22.07.2026- Clinical presentation - Coronary Artery Diseases (2022-23 Batch)	20.08.2026- Clinical presentation - Acid Peptic Disorders (2022-23 Batch)	23.09.2026- Case presentation- Dengue Fever (2022-23 Batch)	21.10.2026- CME program- Medical Oncology (2022-23 Batch)	25.11.2026- Clinical presentation - Chronic Kidney Disease (2022-23 Batch)	23.12.2025- Clinical presentation - Apasmara (2022-23 Batch)
10(a)	Samhit a Adhyayana - 1	21.01.2026- Demo - Understanding commentary and Learning (2025-26 Batch)	26.02.2026- Role play - Dinacharya Routine (2025-26 Batch)	10.03.2026- Student seminar- shad padartha in darshana and Ayurveda (2025-26 Batch)	08.04.2026- Demo Diseases due to vegadharana (2025-26 Batch)	23.06.2026 - Recitation competition As.Hr.Su.4 (2025-26 Batch)	14.07.2026- Quiz Rasa Panchaka of Ahara Dravya (2025-26 Batch)	12.08.2026 - Student seminar- Nidra (2025-26 Batch)	21.09.2026- Demo - Advice of Hita, Ahita Ahara (2025-26 Batch)	Samita CME (2025-26 Batch)	19.11.2026- E-Poster -Do's and Don't of Ch.Su.6 (2025-26 Batch)	16.12.2026 - Demo - Sadacrittha as per Today's lifestyle (2025-26 Batch)
		22.01.2026- E- poster PPT- Living by the rules of Ayurveda (2024-25 Batch)	17.02.2026 Demo- Eract Rishis according to Ch-su.12 (2024-25 Batch)							Samita CME (2024-25 Batch)		

10(b)	Samhita Adhyaya - 2					15.06.2026 Student seminar PPT Bahudosh Lakshana in patients (2024-25 Batch)	28.07.2026 - Recitation competition ch.su.13 (2024-25 Batch)	24.08.2026 Case PPT - Trividha Bodhya Sangraha (2024-25 Batch)	07.09.2026 - Demo Identification of Astadosha of Atistaulya (2024-25 Batch)	Samita CME (2024-25 Batch)	12.11.2026- Case PPT- Identification of Astadosha of Atistaulya (2024-25 Batch)	14.12.2026 - Demo Agryoshada in Clinical practice (2024-25 Batch)
		19.01.2026 - Case dicussion Nidana Panchaka in various disease (2023-24 Batch)	26.02.2026- Case dicussion on Kustha (2023-24 Batch)	23.03.2026 Student seminar Physiometry and pramana pariksha (2023-24 Batch)	06.04.2026- student seminar Immundogy and Vikara- vightakara bhava (2023-24 Batch)	22.06.2026 - Dabate - Raktha as a 4th Dosha (2023-24 Batch)	14.07.2026- Quiz - Srotas in variours diseases case discussion (2023-24 Batch)	06.08.2026- Agni Assessment case presentation (2023-24 Batch)		Samita CME (2023-24 Batch)		
10(c)	Samhita Adhyaya-3			17.03.2026 Role Play Patient interation with Doctor	21.04.2026- Demonstration -Lakshanas of Vishama Jwara	23.06.26 Comparative study of Chikitsa sutra Ch1-6 among bruhatrayee	14.07.2026 Case taking Role play- Jwara and Gulma	19.08.26 Clinical Correlation of Shotha with modern aspect	22.09.2026 Contempory management of atisara	Samhita CME	17.11.2026 Seminar on Visarpa Chikitsa	15.12.2026 Demo Shadvidha Shastra Karma Acc to Charaka and Susruttha Samhita
		20.01.2026 - Demo Shadvidha shastra karma acc to susruttha and charaka (2021-22 Batch)	17.02.2026- Student seminar- Mahakashaya from samhitha used in management of Mutravaha stoto dusti vikara	18.03.2026- Student seminar on Urustambha	23.04.2026 - Student seminar on Pakshaghata Chikitsa Sutra Acc.to Bruhatreyee	16.06.2026 Review of Published article about Bastikarma						

10(d)	Padart ha vignana	28.1.2026 - Quiz on Ayu types & Lakshanas. 2025-26 BATCH.	20.2.2026- Seminar on Importance of Siddhanta. 2025-26 BATCH.	26.3.2026- Student Seminar Utility of Darshanas2 025-26 BATCH	20.4.2026- Quiz on the Dravya Importance. 2025-26 BATCH.	25.6.3026.- Debate on the Gunas of Ahara and Aushadha. 2025-26 BATCH.	27.7.2026 - Demo on the utility of Sabda Pramana2025-26 BATCH.	25.8.2026 - Seminar on Samanya & VISESHA Siddhanta 2025-26 BATCH.	22.9.2026- Quiz on Karma Vijnanam. 2025-26 BATCH.	CME	12.11.2026 - Applications of Anumana Pramana in Chikitsa Demo. 2025-26 BATCH.	24.12.2026 - Seminar on Merits of Upamana Pramana, 2025-26 BATCH.
11	Swasth avritta	28.01.2026- Group discussion on Mechanism of Disease transmission.	18.02.2026- Presentation on Naturopathy	18.03.2026- Group Activity - yoga protocol for Diabetes	15.04.2026- Quiz Environmental health	15.06.2026 Group Activity- yoga protocol for Stress Management	15.07.2026 Poster Presentation on occupational health Occupational	19.08.2026 Group Activity-yoga protocol for Asthma	16.09.2026 Group Discussion on disinfectants Ayurvedic & Modern view	14.10.2026 Presentation on family welfare programme	11.11.2026 Celebration of World Diabetes Day	10.12.2026 Presentation on National Ayush Mission
12	Shalak ya Tantra	22.01.2026- Demonstratio n of Netra Kriya Kalpas	19.02.2026- Presentation on Anaesthetic in Ophthamology	19.03.2026- Nonsurgical Procedures in Shalakya Tantra	23.04.2026- Discussion on Blood retinal barrier and Intracular penetration of drugs	18.06.2026- Karna sandhana and Naradandhanu	23.07.2026- Care Presentation on Ksharakarma in Nasal Polypesis	20.08.2026- Discussion on eye donation and eye banking	17.09.2026 - Surgical procedure of Glaucoma	22.10.2026- History taking in Timira	19.11.2026 - Differntial Diagnosis of red eye (PPT)	17.12.2026- Identidication and use of ear OPD instruments
13	Kriya Sharira	27.01.2026 Recutation (Vata Dosha)	19.02.2026 Assignment (RBC)	17.03.2026 Debate Raktha dathu & blood	16.04.2026 Group Discussion- Applied aspects of Blood	09.06.2026 Case based learning Respiratory system	10.07.2026 - Puzzle Respiratory & CUS	14.08.2026 Recitation - Dhatus	15.09.2026 Assisment - Kriya Kula	22.10.2026 Demonstration - ECG	17.11.2026- Project work - GIT (chart making)	24.12.2026 Assisment Mala
14	Dravya Guna	21.01.2026 Dravyas in Dinacharya	18.02.2026 Endangered species	25.03.2026 Substitutes in Ayurveda	22.04.2026 Quiz in Dravya	24.06.2026 Plant identification based on images	24.07.2026 Field visit	28.08.2026 Herbal Garden development	25.09.2026 Role play based on Morphological Characters	23.10.2026 Karma Based clinical learning	20.11.2026 Poster Presentation on Dravya Guna	18.12.2026 Quiz based on synonyms and basionym
Club Activities												
	Name	January	February	March	April	June	July	August	September	October	November	December

1	Techno med Club	21.01.2026 - Digital Therapeutics			02.04.2026 Telemedicine			12.08.2026- Personalized Medicine			11.11.2026 - AI Powered Diagnostics	
2	News Club	WHO vision on Ayurveda		AYUSH on Health care		Pharmacovigilance implementation and AYUSH	Ayurveda Health care			Various Clinical achievements in AYUSH		Vision Mission Ayurveda in AYUSH
3	Eves Club		Awariness class on Breast cancer			Awariness Class on Menstrual hygiene			Essay Writing			Awariness class on Breast Feeding
4	Skill Development Club	28.01.2026- Finance Management			29.04.2026 - Innovative Skills		27.07.2026- Data Management			22.10.2026 - Communication Skills		
5	Fine Arts Club		Mehandi Competation	Vegetable Carving.			Canvas Painting.				Poster Making.	
6	Health & Wellne ss Club		Nadisuddha - PranayamaGroup Activity			Common yoga protocol of 1DY		Group Activity - Jalaneti Kapalabhati			Group Activity - Awarness class on Bio Medical Waste Management	
7	Nature s Club			18.03.2026 - Internationa l Forest day Celebration		01.06.2026 - Love Nature - Nature Photography Contest			10.09.2026- Autmn Leaf art by collecting Autumn Leaves		18.11.2026- Reduce, Reuse, Recycle E- Waste Awarness Programme	

8	Sanskrit Club	1) 22.01.2026 - Nuances of Translation from Sanskrit to English and vice versa (2024-26 Batch) 2) 22.01.2026- Varnanam Utapatti Sthana (2025-26 Batch)	18.02.2026- Quiz on Sabadas and Shatus (2025-26 Batch)	13.03.2026- Importance of Karakam in Understanding sentence (2025-26 Batch)	17.04.2026- Importance of Nirukti and paribhasha in Understanding the Concepts of Ayurveda (2025-26 Batch)	18.06.2026 (Understanding the importance of Upasargas and Avyayam in Learning the concepts of Ayurveda(2025-26 Batch)	16.07.2026- Pratyayas and its usage (2025-26 Batch)	12.08.2026- Quiz on sandhis and sanskrit day celebrations with skit etc by students (2025-26 Batch)	16.09.2026- Paper presentation by students on Vrکشayurveda, and Mrgaayurveda in Commemoration with Charaka Jayanthi(2025-26 Batch)	22.10.2026- Seminar by students on role of samasa in understanding Ayurveda (2024-25 Batch)	13.11.2026- Seminar by students on the contributions of Modern era for Ayurveda (2024-25 Batch)	16.12.2026- Importance of Visheshana-Visheshya- Debate Varnanam Utapatti Sthana (2025-26 Batch& 2026-27 Batch)
9	Sports Club			13.03.2026 Chess		12.06.2026 Carrom			18.09.2026 Throw Ball			11.12.2026 Tug war
10	Swachh Bharat Club			11.3.2026 Waste Management Awareness For Students & Hospital		10.6.2026 Organizing Play Promotion Of Swachta				1.10.2026 Campaign And Public Awareness Rally (Gandhi Jayanthi)		16.12.2026 Drawing Completion For Students- Public Space Cleanliness
11	Disaster Management Club			16.03.2026 How to operate fire extinguisher		15.06.2026 First aid Training			21.09.2026 Quiz on disaster Management			14.12.2026 Flood mitigation plans

12	SDG BSG	1) 07.01.2026- Introduction -SDGs & BSG Introduction 2) 21.01.2026 - Citizenship & Leadership- One.Rupee Change discussion 3) 28.01.2026- Citizenship & Leadership-Myth or Fact – Health	1) 04.02.2026-Citizenship & Leadership-Good Citizen Role Play 2) 11.02.2026-Health & Well.being-Mental Health Charades 3) 18.02.2026-Health & Well.being-First Aid Scenario Stations 4) 25.02.2026-Health & Well.being-Nutrition Plate Design	1)04.03.2026- Health & Well.being- Education Empowers Me – One Sentence 2) 11.03.2026- Water & Sanitation- Agree/Disagree – Equality 3)18.03.2026- Water & Sanitation- Save Water Poster Sprint 4) 25.03.2026- Water & Sanitation- Build a Water Filter	1) 01.04.2026-Water & Sanitation-Hygiene Nukkad Natak 2) 08.04.2026- Environment & Climate-Carbon Footprint Quiz 3)15.04.2026- Environment & Climate-Seed Ball Making 4)22.04.2026- Environment & Climate-Tree Mapping 5)29.04.2026- Environment & Climate-Climate Debate	1) 03.06.2026- Inclusion & Equality- Gender Bias Busting Game 2) 10.06.2026- Inclusion & Equality- Inclusive Language Workshop 3) 17.06.2026- Inclusion & Equality- Human Rights Quiz 4)24.06.2026- Inclusion & Equality- Cultural Exchange Circle	1) 01.07.2026-Waste & Sustainability-Waste Segregation Relay 2) 08.07.2026-Waste & Sustainability-Best out of Waste 3) 15.07.2026-Waste & Sustainability-City Improvement Ideas 4) 22.07.2026-Waste & Sustainability-Do or Don't – Consumption 5) 29.07.2026-Service & Patriotism-Community Problem Mapping	1) 05.08.2026- Service & Patriotism- Independence Day SDG Tableau 2) 12.08.2026- Service & Patriotism- Local Heroes Interview 3)19.08.2026- Service & Patriotism- Flag Etiquette Quiz 4) 26.08.2026- Education & Awareness-Teach a Junior	1) 02.09.2026- Education & Awareness- SDG Board Game Creation 2) 09.09.2026- Education & Awareness- Nature Word Chain 3) 16.09.2026- Education & Awareness- Public Speaking Carousel 4) 23.09.2026-Health & Safety-Finish the Line – Clean Water 5) 30.09.2026-Health & Safety-Fire Safety Simulation	1) 07.10.2026-Health & Safety-Road Safety Role Play 2) 14.10.2026-Health & Safety-Emergency Kit Building 3)21.10.2026-Peace & Values-Conflict Resolution Game 4) 28.10.2026-Peace & Values-Ethical Dilemma Cards	1) 04.11.2026-Peace & Values-Kindness Chain Project 2) 11.11.2026-Peace & Values-Peace Pledge Wall 3) 18.11.2026-Skills & Innovation-Good Professional Qualities 4) 25.11.2026-Skills & Innovation-Innovation Minute	1)02.12.2026- Equality-Yes/No – Equal Opportunities 2) 09.12.2026-Waste & sustainability-Cause & Effect – Plastic Waste 3) 16.12.2026- Reflection & Celebration-SDG Quiz League 4) 23.12.2026- Reflection & Celebration-Best Patrol Awards 5) 30.12.2026- Reflection & Celebration-Reflection Journals,Annual Show case
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