



**SRI SAIRAM AYURVEDA MEDICAL COLLEGE & RESEARCH CENTRE
SAI LEO NAGAR, WEST TAMBARAM, CHENNAI-44.**

I YEAR B.A.M.S Junior (2024-25 Batch) - TIME TABLE - W.E.F: 07/12/2024

**Hours allotted :
KS : T-3, P-4
RS: T-3, P-6
PV - 5
Samhita -8
Sanskrit - 6**

DAYS	9:00 AM- 10:00 AM 10:00 AM- 11:00 AM	11:00 AM- 11:15 AM	11:15 AM- 12:15 PM	12:15 PM- 1:15 PM	1:15 PM- 1:45 PM	1:45 PM- 2:45 PM	2:45 PM- 3:00 PM	3:00 PM- 4:00 PM
Mon	KS -P	BREAK	SANSKRIT	RS	LUNCH	SAMHITA	BREAK	PV
Tue	RS -P		SAMHITA	SANSKRIT		PV		KS
Wed	KS - P		Lib	SAMHITA		SANSKRIT		SAMHITA
Thu	RS -P		SANSKRIT	SAMHITA		PV		KS
Fri	RS -P		PV	SANSKRIT		SAMHITA		RS
Sat	KS		SAMHITA	PV		SANSKRIT		SAMHITA



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I YEAR B.A.M.S Senior (2023-24 Batch) - TIME TABLE - W.E.F: 07/12/2024

**Hours allotted :
KS : T-4, P-4
RS: T-3, P-6
PV - 4
Samhita -8
Sanskrit - 6**

DAYS	9:00 AM- 10:00 AM 10:00 AM- 11:00 AM	11:00 AM- 11:15 AM	11:15 AM- 12:15 PM	12:15 PM- 1:15 PM	1:15 PM- 1:45 PM	1:45 PM- 2:45 PM	2:45 PM- 3:00 PM	3:00 PM- 4:00 PM	
Mon	RS -P	BREAK	PV	KS	LUNCH	SANSKRIT	BREAK	SAMHITA	
Tue	KS -P		LIB	SAMHITA		SANSKRIT PVT sir		RS	
Wed	RS -P		SANSKRIT PVT sir	SAMHITA		KS		PV	
Thu	KS - P		PV	SANSKRIT		SAMHITA		RS	
Fri	SANSKRIT		SAMHITA	RS -P		KS		SAMHITA	
Sat	KS		SANSKRIT	RS		SAMHITA		PV	SAMHITA



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SAI LEO NAGAR, WEST TAMBARAM, CHENNAI-44.
II PROF B.A.M.S Seniors (2021-22 Batch) - TIME TABLE - W.E.F: 22/7/24

Hours allotted :
DG : T-2, P-4
RSBK: T-3, P-4
RVVV: T-3, P-4
AT: T-3, P-2
SA: T-4
SW: T-2, P-4

DAYS	9:00 AM- 10:00 AM 10:00 AM- 11:00 AM	11:00 AM- 11:15 AM	11:15 AM- 12:15 PM	12:15 PM- 1:15 PM	1:15 PM- 1:45 PM	1:45 PM- 2:45 PM	2:45 PM- 3:00 PM BREAK	3:00 PM- 4:00 PM
Mon	ROGA NIDANA-P/ CLINICALS	BREAK	AGADATANTRA	SAMHITA	LUNCH	RSBK - PRACTICALS		
Tue	AGADATANTRA – PRACTICALS/OPD		SAMHITA	DRAVYAGUNA		RSBK - PRACTICALS		
Wed	ROGA NIDANA-P/ CLINICALS		SAMHITA	RSBK		SWASTA VRITTHA – P/OPD		
Thu	DRAVYAGUNA - PRACTICALS		RSBK	SWASTA		AGADATANTRA		ROGA NIDANA
Fri	SWASTA VRITTHA – P/OPD		LIB	ROGA NIDANA		DRAVYAGUNA - PRACTICALS		
Sat	DRAVYAGUNA		AGADA TANTRA	SAMHITA		RSBK	SWASTA	



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SAI LEO NAGAR, WEST TAMBARAM, CHENNAI-44.

III PROF B.A.M.S Junior (2021-22 CBDC Batch) - TIME TABLE - W.E.F: 19/3/2025

Hours allotted (CBDC) :
KC + EM : T-5+1, P-6
ST: T-4, P-4
SL – T-3, P-4
PK – T -2, P -4
PS – T – 3, P-2
KB – T – 2, P - 2
RM- T-1, SA T-2

DAYS	9:00 AM- 10:00 AM 10:00 AM- 11:00 AM	11:00 AM- 11:15 AM	11:15 AM- 12:15 PM	12:15 PM- 1:15 PM	1:15 PM- 1:45 PM	1:45 PM- 2:45 PM	2:45 PM- 3:00 PM	3:00 PM- 4:00 PM	
Mon	KC -II	Shalya -II	BREAK	KC/Shalya NLH	LUNCH	KB	BREAK	Samhita	
Tue	KC -I	Shalya -I		KC/Shalya NLH		PK		Shalaky -II	
Wed	PS	Shalya		Shalaky/PK NLH		KC -II		Shalaky -I	
Thu	Samhita	PS -II		Shalaky/PK NLH		KC -III		KB	
Fri	PS/KB NLH			Lib		KC -I		RM & MS	PK
Sat	EM	Shalya		KC NLH		PS-I		Shalaky	



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IV YEAR B.A.M.S NON CBDC (2020-21 Batch) - TIME TABLE - W.E.F: 29.10.2024

**Theory Hours
allotted:**

Shalakyā – 5 hours
PK - 4 hours
Shalya – 5 hours
KC – 7 hours
RM – 2 hours

DAYS	9:00 AM- 10:00 AM 10:00 AM- 11:00 AM	11:00 AM- 11:15 AM	11:15 AM- 12:15 PM	12:15 PM- 1:15 PM	1:15 PM- 1:45 PM	1:45 PM- 2:45 PM	2:45 PM- 3:00 PM	3:00 PM- 4:00 PM
Mon	Shalya	KC I	BREAK	LIB	CLINICALS KC/PK/SL/SLK	LUNCH	Shalakyā	Shalya
Tue	RM & MS	KC I		CLINICALS KC/ PK/ Shalya/Shalakyā	Shalakyā		PK	
Wed	Shalakyā	Shalya		CLINICALS KC/ PK/ Shalya/Shalakyā	KC I		PK	
Thu	KC II	Shalya		CLINICALS KC/ PK/ Shalya/Shalakyā	Shalakyā		RM & MS	
Fri	KC I	Shalya		CLINICALS KC/ PK/ Shalya/Shalakyā	PK		KC I	
Sat	KC I	PK		CLINICALS KC/ PK/ Shalya/Shalakyā	Shalakyā		KC II	