



Sri  
**SAIRAM AYURVEDA MEDICAL COLLEGE  
& RESEARCH CENTRE**

An ISO 9001 : 2015 Certified Institution

West Tambaram, Chennai - 44. | www.sairamayur.edu.in

# Shalyasara' 19

## HANDS ON TRAINING

14<sup>TH</sup> AND 15<sup>TH</sup> OF JUNE 2019

Live surgical workshop and seminar on Ano-rectal disorders organized by **Sri Sairam Ayurveda Medical College and Research Centre**, is a practical session followed by presentations with interactive sessions on surgical procedures in Ayurveda.

This is a drive to promote skill development in budding doctors. The session aims at providing importance to **kshara karma, Agni karma, kshara sutra and recent trends in surgical interventions.**

### HIGHLIGHTS :

- Management of fistula in ano
- Kshara karma for internal hemorrhoids
- Kshara karma for ano rectal diseases
- Kshara sutra for fistula in ano and pilonidal sinus
- Management of anal fissures
- Agnikarma in various diseases

### COURSE FEES :

- Rs. 2500 – MEDICAL PRACTITIONERS
- Rs.1500 – UG AND PG STUDENTS OF AYURVEDA (WITHOUT ACCOMMODATION)

KIT, LUNCH AND SNACKS WILL BE PROVIDED

### ORGANISING SECRETARIES

**Dr. R. ASHOK KUMAR**  
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**Dr. RAMYA RAJALAKSHMI**  
Ph : 96001 76185

**Dr. UDAYA KIRAN**  
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**SHRI SAI PRAKASH LEO MUTHU**  
Chief Executive Officer, Sairam Institutions

**Mr. SATHISH KUMAR**  
Co-ordinator & Trustee

**Dr. VANITHA MURALIKUMAR.**  
Director (R & D)

**Dr. C.H. RAMAKRISHNAMACHARYA**  
Principal

### **ABOUT COLLEGE & HOSPITAL**

Sri Sai Ram Ayurveda Medical College & Research Centre was established in 2001 by M.J.F. Ln. Leo Muthu. The college is affiliated to the Tamil Nadu Dr. M.G.R. Medical University, Chennai, and is approved by the **CCIM** and Department of **AYUSH**, Ministry of Health and Family Welfare, Government of India, New Delhi. The College is located at Sai Leo Nagar, over a sprawling campus of 200 acres. Our institution is **ISO 9001:2015 certified** and has an intake capacity of 50. The college possess extensive infrastructure, a well equipped library for teaching purposes and a 60 bedded hospital for practical training in accordance with the MSR Standards.

Department of Shalya tantra has it's unique OPD, IPD WARD and a well equipped OT facility with Post operative ward. Therapeutic procedures like Hemorrhoidectomy, Kshara sutram, Cauterization, Jaloukavacharanam is being carried out by our proficient surgeons in the Department.



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## PROGRAMME SCHEDULE

DATE	TIME	TOPIC
14/06/19	9.15 – 10.00AM	INAUGURATION
	10.00 - 11.00 AM	<b>UNDERSTANDING &amp; MANAGEMENT OF ARSHAS</b> <b>Dr.BHASKAR RAO</b>
	11.00 -11.15 AM	TEA BREAK
	11.15 - 1.00PM	LIVE DEMONSTRATION
	1.00 - 2.00PM	LUNCH
	2.00 – 3.00PM	<b>KSHARA KARMA FOR ANORECTAL DISEASES - Dr.P. HEMANTHA KUMAR</b>
	3.00 – 4.00PM	<b>MANAGEMENT OF FISTULA IN ANO BY KSHARA SUTRA AND OTHER PROCEDURES - Dr.RAMESH BHAT</b>
	4.00 - 4.15PM	HIGH TEA
15/06/19	9.00 – 10.00AM	<b>MANAGEMENT OF COMPLICATED ANO RECTAL DISORDERS</b> <b>Dr.P. HEMANTHA KUMAR</b>
	10.00 – 10.30AM	<b>PILONODAL SINUS AND SUCCESSFUL MANAGEMENT WITH AYURVEDA - Dr. M.D.P.RAJA</b>
	10.30 – 11.00AM	<b>MANAGEMENT OF FISSURE IN ANO - Dr.SETHUKRISHNA</b>
	11.00 – 11.15AM	TEA BREAK
	11.15 – 1.00PM	LIVE DEMONSTRATION
	1.00 – 2.00PM	LUNCH
	2.00 – 2.30PM	<b>DO'S AND DON'T'S IN PROCTOLOGY - Dr. M. D. P. RAJA</b>
	2.30 - 3.00PM	<b>AGNI KARMA IN VARIOUS DISEASES - Dr. SETHUKRISHNA</b>
	3.00 - 3.30PM	<b>DIAGNOSIS OF BLEEDING IN ANO RECTAL DISEASES AND MANAGEMENT - Dr. SATHYA NARAYANA</b>
	3.30 - 4.00PM	VALEDICTORY FUNCTION
	4.00 – 4.15PM	HIGH TEA

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**VENUE: SRI SAIRAM AYURVEDA MEDICAL COLLEGE AND RESEARCH CENTRE,  
WEST TAMBARAM, CHENNAI-44**

**A LIVE SURGICAL HANDS-ON TRAINING PROGRAM ON KSHARAKARMA,  
AGNI KARMA, KSHARA SUTRA AND RECENT TRENDS IN ANORECTAL**

### **FACULTY**



**Dr. P. HEMANTHA KUMAR**  
H.O.D.,  
NATIONAL INSTITUTE OF AYURVEDA  
JAIPUR



**Dr. RAMESH BHAT**  
PRINCIPAL,  
SRI SRI AYURVEDA COLLEGE  
BANGALORE



**Dr. BHASKAR RAO**  
PROFESSOR  
S.V AYURVEDA COLLEGE,  
TIRUPATI



**Dr. M . D. P. RAJA**  
DIRECTOR,  
HITAM GROUP OF HOSPITALS  
HYDERABAD



**Dr. SETHU KRISHNA**  
JOINT DIRECTOR  
AVPRF, COIMBATORE



**Dr. SATHYA NARAYANA**  
DIRECTOR, CHAKRA HOSPITAL  
CHENNAI